

STANTONBURY PARISH NEWS

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FREE to residents of Stantonbury Parish 126 Kingsfold, Bradville Milton Keynes MK13 7DX w: stantonbury-pc.org.uk

e: info@stantonburyparishcouncil.org.uk

t: 01908 227 201

CHAIRMAN'S REMARKS

As the year end approaches I would like to reflect on the work of the Parish over the last year and our proposals for the remainder of the year up to May 2019.

We have, as a Council undergone significant change up to December particularly with reorganisation of internal processes and procedures. The appointment of the Parish Ranger has been a great success and more and more residents are favourably commenting on the impact Lee has had on the the day-to-day life of the Parish. We are considering increasing the number of Rangers to two.

The speed awareness camera has been successfully deployed at various locations around the Parish and I am pleased to announce a significant drop in the number of speeding drivers. The collected data will be made available to the Police.

The proposed North Bradville
Regeneration is on hold until
Milton Keynes Council start
consultation in the future. No
information of when this will be
has been announced but the Parish
Council will again be actively
discussing any proposals put
forward with residents and MKC.

We would like to thank all the residents that participated in the

Neighbourhood Plan consultations. The "Plan" has now been submitted for independent examination with a view to holding a referendum in May 2019.

On the back of some of the additional resident comments in the Neighbourhood Plan, the Parish Council is progressing the introduction of formal parking restrictions. Unfortunately, very few residents took time to comment on the recent proposals. As it stands a Parish Wide Traffic Order will be issued affecting all the estates, either by yellow lines or parking restrictions, no parking on grass verges etc. All these options carry enforcement penalties, so please take note and park responsibly. Milton Keynes Council will be consulting with all the affected residents over the next few months.

We voted recently not to adopt Milton Keynes Council's offer to undertake our own landscape services. This is because the contractual arrangements were unsatisfactory and not in the interests of the Parish. There is an expectation by MKC that if we take on the landscaping we also have to accept the transfer of some Serco staff to become Parish Council employees to undertake this work. We consider this to be financially too onerous at this time.

As some of you are aware the Full Parish Council has to be elected in May of 2019. We have been short of at least one Councillor position for most of the past year and need more resident support and involvement. Being a Parish Councillor requires a commitment to the community to protect the parish interests and support the improvement of all aspects of parish life. No specialist skill is required just the desire to keep our community safe, well informed and vibrant.

It just remains for me on behalf of the Parish Council and staff to wish all our residents a very Happy Christmas and Happy New Year.



Cllr Graham Davison Chairman Stantonbury Parish Council.

We always welcome articles and community notices for inclusion in this newsletter, and items of local interest, old photographs, etc.

For submission deadlines please contact the Parish Office on **01908 227 201** Or email: info@stantonburyparishcouncil.org.uk

Handwritten items can be accepted and photographs could be scanned by the Parish Office. Stantonbury Parish Council reserves the right to edit, defer or refuse articles and advertising submitted for publication.



DECEMBER 2018









Do you or anyone you know have a macular condition such as Age Related Macular Degeneration? If so are you aware that we have a very friendly support group that meets monthly in Milton Keynes?

AMD is the leading cause of blindness in the UK, affecting over 600,000 of us and increasing as we age, but nobody needs to face it alone.

We offer practical & emotional support to anyone with central vision loss from any macular condition, as well as to their family and friends, with a varied programme of speakers, social meetings, and lunches out. Come and share your experiences and problems with others who understand.

Milton Keynes Macular Society Support Group Meets second Tuesday of each month from 2.00 till 4.00 at Centrecom Meeting Place, 602 North Row, (Behind MK Library), Secklow Gate West, Central Milton Keynes MK9 3BJ.

For information please phone Maggie on: 01908 319292



Contact us via

Email: action-4@outlook.com Tel: 01908 316 938

Bancroft, Bancroft Park, Blue Bridge, Bradville, Oakridge Park & Stantonbury

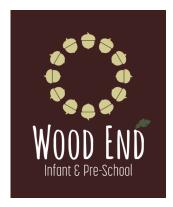
COMMUNITIES CONSULTATION. WINTER 2018

Although crime has fallen in most of our communities over the past few years, there is still more that we can all do to help. The best people to make a difference to an area are the people who live there.

Every year we ask members of our communities to choose the 3 things they would like us to make our priorities for the following year. Please list them below with the location.

1	
2	
3	
Name	
Contact Details	

All information given will be kept Private and Confidential.



Redbridge, Stantonbury, Milton Keynes, MK14 6BB www.woodend.org.uk 01908 316424 office@woodendsch.org.uk



Apply now for September 2019.

- Small, friendly school with caring family atmosphere
- · Excellent support for parents and carers, great links with the community
- On-site Forest School activities for all classes every week

Come and visit us!

Simply email or phone to organise a personal tour by the Headteacher.



School office: 01908 316424
Email: office@woodendsch.org.uk



Ofsted 2017: "The Headteacher, the staff and the Governing Body are ambitious for all pupils. Pupils' personal development comes first in this school that many describe as a family community."













MAKING BRADVILLE BLOOM WITH BRADVILLE BLOOMERS





Yet again the Bradville Bloomers have been out and about in the "Quest" to make Bradville Bloom. With a Grant from Stantonbury Parish Council we have now begun the "Bulb Bombing Bonanza".

A group of 14 Bombers including our 2 PCSO's made the first assault on the "Mercers Mound" with 10 large bags of Daffodils covering a third of the mound. We will be out again over the next few

weeks to finish off and find other areas including Woodstock & Minstrel Courts to "Bulb Bomb". So, come the spring look out for a big splash of colour.

Residents and bus users have been delighted at the array of colours and variety of plants including a rough Cherry Tomato which have filled the Mercers Drive bus stop flower troughs and has certainly cheered everyone up!



7

Flower troughs seem to be the way forward so we will be popping small flower troughs around some of the street name signs. These are being made for us by the Stephenson's Enterprise Project. The first one has already been installed at the end of Cleveland and more sites are being identified.





If you think you would like a trough on a street sign near you and are able to help with a bit of watering then please contact Bradville Bloom via Action 4 our Communities email action-4@outlook.com

The Rainbow Children Centre Team would like to say a big thank you to the Parish Council and the local community for supporting our 10th Birthday celebration day on 21st July 2018.

We were very lucky with the weather and the day was opened by The Mayor. We had lots of activities going on and our local community police joined us giving the children much excitement to look at their van.

The Bouncy castle was popular and not forgetting the yummy pizza. We had some amazing prizes donated to us from many businesses in the local area, helping Rainbow to raise income for future events. **Thank you everyone.**







Courgette & Chocolate **Vegan Cake**

250g Plain Flour 350g Caster Sugar 2 Teaspoons Baking Powder 1 Teaspoon Bicarbonate of Soda 85g Cocoa Powder

125ml Oil, Vegetable 2 Teaspoons vanilla Extract 300ml Soy Milk Drink

250g Courgette



FIRST PRIZE

HH HH HH H

I would like to offer a very clever way to use up an excess of courgettes. I have only had my plot since early

May and I have to say it has been a

grand time for growing veggies this

year. I have had a glut of runner

beans, tomatoes, and all types of

squashes, marrows and courgettes.

MIX TOGETHER

GRATED FINELY

Method

Line 2 9 Inch sandwich tins.

Preheat oven temperature to 180° C

After sieving all the dry ingredients add the oil mixture. Add the courgettes.

Divide the mixture between the two lined sandwich tins. Bake for 25 – 35 minutes until skewer comes out clean.

AVOCADO FROSTING

2 very ripe Avocados 60g Cocoa Powder, sifted 120 - 150ml Agave Syrup Vanilla Extract

If you are able to pick them quite young and small here is a great recipe to use up the courgettes especially the yellow ones. This cake is very moist and oh soooo tastey!!.

By Paula (Parish resident)

Method

Remove skin and stones from avocados and beat until smooth. Add cocoa powder agave syrup and vanilla extract. When cakes are cold spread frosting on one of the cakes and place other on top. Place on serving plate and spread top and sides with remaining frosting.

Then EAT EAT EAT YUMMY. Variations can be found on line.

STREET LIGHTING

You may have seen Cllr Malcolm Millen and Lee Shuttlewood, Parish Ranger, out and about within the Parish on their bikes. They have been looking at the Street Lighting within the Parish (all 2600 plus lights) and reporting the problems to Milton Keynes Council.

The most common problems with lighting they have reported are:

- $\bullet\,$ overgrown branches blocking the light
- damage to the electrical boxes
- missing lens covers

If you notice overgrown shrubs or low hanging branches please drop Lee an email:

ranger@stantonburyparishcouncil.org.uk or info@stantonburyparishcouncil.org.uk or Tel: 01908 322239/ 01908 227201 or pop into the office at 126 Kingsfold, Bradville.



AREAS THAT LEE HAS RECENTLY BEEN WORKING ON ARE THE FOOTPATHS, LOW HANGING BRANCHES AND SHRUBBERY AROUND THE PARISH AND LINFORD WOOD INDUSTRIAL ESTATE. WORK ON HERE HAS BEEN KEEPING HIM VERY BUSY.









PUBLIC FOOTPATHS BEFORE AND AFTER









ROCKINGHAM DRIVE BEFORE AND AFTER

SUNRISE PARKWAY BEFORE AND AFTER

UPDATE FROM MILTON KEYNES COUNCIL ON WINTER GRITTING

Milton Keynes Councils winter gritting maintenance in partnership with Ringway.





Milton Keynes Council (MKC) has 2 tiers of gritting routes, PRIMARY 1 (P1) & PRIMARY 2 (P2).

- We have 9 P1 routes which covers our grid road network, entry roads into Milton Keynes and strategic routes within estates.
- Our P2 routes are more focused towards estate gritting. We usually undertake P2 gritting prior to and during long spells of freezing temperatures or prior to and during snow events.

During heavy snow events we will plough and grit our snow routes, which focus on the main strategic grid road network in Milton Keynes. Once the snow routes are controlled we will refer back to P1 & P2 routes.

Prior to and during long spells of freezing temperatures or prior to and during snow events we will also grit our strategic redway network.

The Fleet

Our fleet comprises 11 gritters (1 for each P1 route and 2 standby), 2 tremo gritters for the redway / footway network, and a fleet of smaller vehicles we use for hand salting.

Milton Keynes Council has 4 highways duty officers. We work on a rota so only 1 duty officer is on call per week, however more often than not we will discuss our decisions as a group. This decision will reflect the current weather forecast for the day, and we decide what action if any is required. We consider the forecasted air temperature, road temperature, any possible precipitation, forecasted frost or ice as well as recent gritting runs, and decide on when and how much grit to deploy on our network.

In our salt barn we house approximately 3,000 tons of salt at the start of the season.

An average gritting run of our P1 network will use approximately 45 tons of salt, meaning we have capability to undertake approximately 65 gritting runs within our stock levels.

Over the past 5 years we have averaged between 50-70 gritting runs per year, however we never let our stock levels dip below 1000 tons for resilience purposes and our Term Service Contractor, Ringway, are able to fill our supply within 8-10 days.

A big thank you for all those who contributed the delicious cakes and those who attended the recent MacMillan Coffee morning at the Parish Offices. We raised £78.08 for the charity.



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MILTON KEYNES YOUTH CHOIR CELEBRATES 21 YEARS



On 7th July the MKYC celebrated their 21st birthday at Christ the Cornerstone: There was a huge amount of work involved, by musicians, parents and those battling the traffic to get there, but what a great day we had – despite clashing with the England-Sweden match in the World Cup!

The official proceedings kicked off with a reception at which we welcomed the Deputy Mayor, Cllr Sam Crooks and Deputy Mayoress, Mme Isabelle Musnik Crooks. They joined many parents, singers and former singers and members of the MK Chorale, who helped set up the choir in the first place. We were also delighted that John Gibbons, the first Musical Director of MKYC, was able to join us for a short visit before leaving to run one of his own rehearsals.

For the concert, we were joined by former members of MKYC and by The Reluctants, some of whom are parents of former members.

As well as choosing some of their favourite pieces for the programme, the choir sang a couple of new works by Craig McLeish (our inspirational MD). The World Premier of his Commission 'Sing Again' written especially for the occasion and a wonderful mashup of 3 jazz favourites in 'It's a Swing Thing'.

I have had so many lovely messages from members of the audience and we are in the process of setting up an area of the website to include lots of photos, comments and possibly some video. We followed the concert with a party (karaoke and music quiz with pizza and cake) – a hilarious time was had by all, so we are already planning the Christmas party!

Thank you so much to all who contributed!
This term we are rehearsing hard for our two big events: The Youth Messiah at the Royal Albert Hall (as part of the MK Music Hub) and our Christmas concert on 16th December (3pm at St Mary and St Giles Church, Stony Stratford).



If you (or someone you know) is inspired to come and see how great it is to be a part of MKYC, then please do call me – my number is on the website: www.mkyc. org.uk

Imogen Allen,

Chair of Milton Keynes Youth Choir

OAKRIDGE PARK MEDICAL CENTRE NEWSLETTER - OCTOBER 2018

EDITED FOR STANTONBURY PARISH NEWSLETTER

A FULL EDITION OF THE NEWSLETTER CAN BE VIEWED ON OAKRIDGE PARK MEDICAL CENTRE WEBSITE

Oakridge Park along with many other Practices in Milton Keynes is struggling to recruit permanent GPs. Unfortunately, due to the rapid changes within the Health Service most Doctors prefer to work as Locums without any long-term commitments.

It has been agreed nationally that not all patients need to be seen by a GP for many minor illnesses and that these can be dealt with by your Local Pharmacist or by other Clinical Staff within a Practice. To support our GPs, we now have two Advanced Nurse Practitioners Nelly and Tina and between them we are able to offer appointments Monday to Friday.

Nurse Practitioners - Minor illness Clinics

Nurse Practitioners are experienced nurses, who through further education and specialist training, have developed their skills and knowledge in order to offer extended service to patients. While not being a replacement for Doctors, they can provide nursing services that incorporate some aspects of care previously provided by Doctors.

Pharmacist

I am pleased to inform you that from early November the Practice will have our own Pharmacist, Phil three days a week.

Practice Nurses

We are also pleased to welcome Luci Partridge to our Practice Nursing Team joining Tina, Sarah, Noeline and Helen who is due back from maternity leave next year. Luci is running our Smoking Cessation Clinic so now is the perfect time to sign up and save money spent on cigarettes for Christmas. Please book an appointment with reception.

Health Care Assistants

Our Nurses are supported by our excellent Health Care Assistants Julia and Sarah and our Phlebotomist Maureen.

Advanced Paramedic Clinics

Paramedics are specialised in assessing all types of emergency and urgent presentations and transferring their skillset into primary care has been shown to be a real benefit in supporting GPs and allowing them time to deal with patients with complex needs. Recently Lea Fowler who is a very experienced Paramedic has joined the team. As well as working with the Nurse Practitioners with running illness clinics, Lea is also supporting all of our over 75year olds.

Our Advanced Nurse Practitioners can see and treat a number of conditions.

For Mental health concerns such as anxiety, depression, and low mood you will need to make an appointment with a GP.

Appointments

On-line appointments are released every day and two weeks in advance. To be given access to book these appointments please bring in photo identification to reception and they will add you to the system.

Advance Booking

We have limited appointments released on a Monday after 11.30a.m. by telephone only for two weeks in advance. Due to the high volume of calls we will not release appointments to walk-in patients until after 12.30p.m. this is to allow reception to deal with the telephone requests.

On the Day Appointments

All our receptionists have received care navigation training and they may ask you about your medical problem so they can make sure you are seen by the correct clinician which may our nurse or paramedic. In addition you may be offered a telephone call from a GP rather than a face to face appointment.

Additional Appointments

Our receptionists can also book you an appointment to see a GP at another surgery. These appointments are early morning, evenings and weekends and may suit your working week better. With your consent they have access to all your medical notes.

For children there are daily appointments we can book with the Children's Primary Care service and these are available up to 8.00 p.m. in the evening.

Christmas Appointments

We will be operating an on the day appointment system only from week commencing 17th December 2018 until Monday 7th January 2019. We will close at 1.00pm on Christmas Eve and New Year's Eve.

Medical Certificates

All patients need to speak to a GP before a medical certificate will be issued. We have allocated appointments for the Doctor to contact you. Please note these cannot be pre-dated.

Gaynor Young - Practice Manager

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30 November, 1st & 2nd December 7th, 8th & 9th December 14th, 15th & 16th December

The season's most magical Christmas experience.

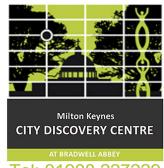
Come and see Santa in his grotto - only £7

Open I Iam - 4:30pm Adults £9.00, Children £6.00, Concn. £7.00, Families £26.00 For more info about this and other upcoming events please visit mkmuseum.org.uk









Tel: 01908 227229 information@mkcdc.org.uk

2nd December 2018, 11am - 4pm

Choirs, Bands, Crafts, Christmas Fayre, Mulled Wine and Santa's Grotto

A festive acrade of gifts, refreshments and amusements

Free Entry



FROM 8 - 31 DECEMBER

The team behind the smash hit, Robin Hood, at Stantonbury Theatre last year invite everyone back into the woods this December for a singing, dancing, gripping, ripping new pantomime adventure for all the family.

Venue: Stantonbury Theatre, Milton Keynes

Title: Red Riding Hood versus The Wolf

Date: From Saturday 8 December - Monday 31 December



£15 - £22 for adults,

£11 - £18 for concessions

£7.50 - £11 for children.

BOX OFFICE: 01908 324466

Online:

www.stantonburytheatre.co.uk/whats-on/all-shows/red-riding-hood-versus-the-wolf/12299/

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CLEAN STREETS COMPETITION – WOLVERTON AND GREENLEYS TOWN COUNCIL

Here is the winner, Scruff, and her owner Sarah Gibbs who is a member of the Stantonbury Parish Council Team being presented her prize by the Mayor of Wolverton.

Keep an eye out around Wolverton and Greenleys for stickers of the winner Scruff which will be appearing on all dog bins around the Parish. Well done Scruff and Sarah!

You may also see pictures of Scruff around Stantonbury Parish in support of our clean-up campaign.





RECYCLING COMPETITION WINNERS

We are delighted to announce two winners from the competition we ran in the last Newsletter. They are:

Maddie Hall – aged 6 and Jemimah Mohammed aged 7
WELL DONE!

Both will be receiving a £10 gift voucher.



TEMPORARY SPEED INDICATOR DEVICE

Sadly, the TSID has been damaged and will cost the Parish Council approximately £600 to repair. The Council are committed to reducing speeding in the parish and an additional TSID is to be deployed.

OPENING HOURS OVER THE XMAS PERIOD

OAKRIDGE PARK MEDICAL CENTRE

17th - 21st December: 8.00am to 6.30pm

24th December: 8.00am – 1.00pm

25th - 26th December: CLOSED

27th- 28th December: 8.00am to 6.30pm

31st December: 8.00am - 1.00pm

1st January: CLOSED

2nd - 4th January: 08.00am to 6.30pm

STANTONBURY PARISH COUNCIL

24th December: 9.00am - 12.00 noon

25th December - 1st January 2019: CLOSED

Re-opens on Wednesday 2nd January 2019



Christmas. Word Search

Z F Н К D M Z Н Ε U Ε J F Ε R N К Ν S N B R Т Т B S S S Ε Z R U 0 Т Н Ε R N F Α E S Т Т E W R Α Н Ε К Α M X S Ε Т A S K S R Ζ В S Z D Ε Y U Н G Z Ε C X U R P N Н R W W S B S C D К S Т K N G S F N E W R



Find the following words in the puzzle. Words are hidden $\rightarrow \downarrow$ and \lor

CHRISTMAS
CRACKERS
DECORATIONS
ELVES

FAIRY FUN GIFTS HOLIDAY LIGHTS
PRESENTS
PUDDING
SANTA

STAR
STOCKINGS
TINSEL
TURKEY