

STANTONBURY PARISH NEWS

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**FREE to residents of
Stantonbury Parish**

126 Kingsfold, Bradville
Milton Keynes
MK13 7DX

w: stantonbury-pc.org.uk
e: info@stantonburyparishcouncil.org.uk
t: 01908 227 201

Chairman's Remarks

Welcome to the Autumn/Winter edition of the Parish Magazine.

Much has happened since the last issue and we are aware that all of our residents have been affected by the impact of Covid-19. As residents ourselves we fully appreciate the difficulties this has caused. Our condolences go out to all those who have lost loved ones during this crisis.

We were very sorry that our usual events and trips for this year had to be cancelled. We are very hopeful that these will take place next year.

Regrettably, within the Parish Council, we are too few in number to actively maintain the Parish and provide outreach support to the community. We have therefore opted to fund, wherever we can, those organisations skilled in providing support. A list of these organisations are in this newsletter and on our website.

Throughout this difficult period staff will be working both from home or from the main Parish office. You should see no change in contacting us or responses to your enquiries.

Over the last few months we have

explored mechanisms to improve the security of our residents. Whilst our crime figures are low compared to other parishes of our size, there is an awareness of increasing crime levels. The result of our investigations is that we have employed the services of a specialist surveillance company for a year. In conjunction with Milton Keynes Council and Thames Valley Police a number of areas of interest have been identified and investigations are ongoing. The cameras in use are mobile and will be moved from site to site. All the cameras are clearly identified. It is our hope that persistent crime is driven out of the Parish. If you believe there is a problem in your area please contact us.

I am pleased to report that the final planning hurdle for the Aldi store has been overcome and the aim is to open for Christmas providing construction is finished.

Due to the Government Legislation passed in March our Neighbourhood Plan is deemed accepted until a referendum is held. We are currently faced with some unprecedented developments in the Parish and we have been able to apply the requirement of the plan so far. However, all of our residents are

encouraged to make their opinions known to Milton Keynes Planning Department. If you have signed up for our e-newsletter you will be provided with links to our website as to where proposed developments are shown. Or you can visit the MKC website on the following link: <https://publicaccess2.milton-keynes.gov.uk/online-applications/>

We welcome Mrs Sarah Espey to the Parish Council as our Responsible Financial Officer. Sarah is fully qualified and a local resident in the Parish. We believe she will make a valuable contribution.

Finally, on behalf of the Parish Council and Staff we wish you a Happy Christmas and New Year.



Cllr Graham Davison
Chairman Stantonbury Parish Council

How to contact your Parish Councillor

If you wish to contact the Councillor for your area, the best way to do this is either by email: info@stantonburyparishcouncil.org.uk or by **telephone: 01908 227201**

Your message will be passed on to the appropriate Councillor to deal with.

Putting a post on Facebook or personal messaging a Councillor could lead to issues not being followed up.

We always welcome articles and community notices for inclusion in this newsletter and items of local interest, old photographs, etc. We are very happy to accept photos from around the Parish for our front cover of this newsletter.

For submission deadlines please contact the Parish Office on 01908 227 201
Or email: info@stantonburyparishcouncil.org.uk

Handwritten items can be accepted and photographs could be scanned by the Parish Office. Stantonbury Parish Council reserves the right to edit, defer or refuse articles and advertising submitted for publication.



Residents' E-newsletter



We have recently re-designed our e-newsletter and we are finding this is one of the best ways each month to keep our residents informed of what is happening within the Parish and Milton Keynes.

Included in our e-newsletters are updates and consultations from Milton Keynes Council and information on other organisations. Our e-newsletter is increasing all the time; we are currently reaching out to just over 400 residents and we would like more to join.

So, if you are interested in current news and events that are happening within the Parish, and want to know what new projects we are involved in, then please sign up.

Check out our website or contact Donna Moore on donna.moore@stantonburyparishcouncil.org.uk or telephone **01908 227201**.

Don't Miss Out!

To keep up to date with the events we run and services we provide, follow us on Twitter, Instagram and Facebook!



Benches in the Parish

We have recently relocated a bench from Stantonbury to a site outside the Parish Office and it seems good to give a history as it is rather a special bench.

Back in the 90s the second Residents' Association for Stantonbury set up a community picnic area near the Adventure Park on Stantonbury. It had a pond, a totem pole, fruit trees, shrubs and seating. Unfortunately it was subjected to persistent vandalism and a decision was reluctantly made to abandon the site. The bench outside the office has been moved from there.

The bench is a memorial bench commemorating the lives of two former Parish Councillors, Reg and Dot Griffiths, who gave many years of service to this community.

More recently we have acquired a bench on Bradville which is to be installed between Crispin and Harrowden. This was requested by a Parishioner who was having difficulty getting about and felt they needed a place to rest. As I have got older and less mobile I have learnt to appreciate the importance of such things.

If you feel your area needs a seat please let us know. We can't guarantee to provide one but we will certainly

consider it and perhaps add it to our future budget. As the population ages I anticipate more demands for such benches and with the advent of almost vandal proof seating they should last a while.

Councillor Sandra Kennedy



Independent Living Service

Our friendly, reliable workers can do your shopping, clean your home or sit with your loved one whilst you go out.

We get to know you and what you need, providing a regular service to keep you safe during these difficult times. Whether you need us every other day, weekly or fortnightly, we can be flexible to provide the practical support that suits the way you live. Our workers follow Covid-19 government guidelines to ensure your safety.

- cleaning and shopping
- handyperson safety, security and DIY work
- gardening
- relief care sitting-service
- toenail cutting service in your home

Who is it for?

- people aged over 55
- live in Milton Keynes
- from £18 per hour



How do I access the service?

Please call us on **01908 557874**
or email ilt@ageukmiltonkeynes.org.uk

During the Lockdown we continued to provide a paid-for shopping service to our clients. We can adapt to provide the practical support our clients tell us they need. Call us for more information.

Registered charity 1079773
www.ageukmiltonkeynes.org.uk



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We specialise in the servicing and repairs of all makes and models of cars and light commercial vehicles. Our fully equipped workshop and trained staff are able to take on most types of mechanical and diagnostics work. With our large purpose built workshop, both incorporating multiple bays, hydraulic lifts and service stations and plenty of room for vehicle storage. We are confident we provide a high level of service, quality products and efficiency. If you are looking for professional and friendly environment garage then you will not be disappointed with us.

**35 Blundells Road, Bradville Industrial Estate
info@walkerautosmk.co.uk
01908227337**

www.walkerautosmk.co.uk

What are County Lines and what can we do about them?



With recent news of police shutting down approximately 10% of County Lines operations in a UK wide strategy involving over 43 police forces leading to over 1,000 arrests, recovering £500,000 in cash and millions of pounds worth of drugs, it has never been a more opportune time to highlight the growing trend of County Lines and to explain what they are.

The National Crime Agency defines County Lines as where illegal drugs are transported from one area to another, often across police and local authority boundaries (although not exclusively), usually by children or vulnerable people who are coerced into it by gangs. The 'County Line' is the mobile phone line used to take the orders of drugs. Importing areas (areas where the drugs are taken to) are reporting increased levels of violence and weapons-related crimes as a result of this trend. Each County Line has an estimated income of £25,000 per week.

But County Lines is much more than drug dealing across the country. It involves a much darker and more sinister list of crimes, which affect mental health, wellbeing, young lives and the people who fall victim to these gangs: cuckooing, coercive behaviour, sexual manipulation and abuse, child grooming and exploitation, drug dependency, to name but a few.

Young people are manipulated and exploited by drugs gangs in cities and forced to travel to coastal and rural towns to stay in houses called trap houses to deal drugs from. Drugs within

cities are easily sourced and are cheap to buy, County Lines gangs buy these drugs at a cheap price and sell them for a much higher price in rural and coastal areas. The industry has the potential to earn over £25m a year. It is this motivation that gangs manipulate and use to recruit children as young as 13 to travel across the country to sell their drugs.

The dealers will frequently target young people who are vulnerable, isolated, or affected by mental health issues to act as drug runners or move cash so they can stay under the radar of law enforcement. The attraction of reward, money, friendship, and feeling of belonging lures them in at first. Then the threats of violence, mental and sexual abuse and drug dependency ensure their loyalty to the gangs. As we have seen in child sexual exploitation, children often don't see themselves as victims or realise they have been groomed to get involved in criminality.

As Neighbourhood Watch members, we all have a part to play in understanding County Lines and speaking out when we have concerns. The National Crime Agency suggests some signs to look out for:

- An increase in visitors and cars to a house or flat
- New faces appearing at a house or flat
- New and regularly changing residents (e.g different accents compared to local accent)
- Change in resident's mood and/or demeanour (e.g. secretive/ withdrawn/ aggressive/ emotional)
- Substance misuse and/or drug paraphernalia
- Changes in the way young people you might know dress
- Unexplained, sometimes unaffordable new things (e.g clothes, jewellery, cars etc)
- Residents or young people you know going missing, maybe for long periods of time
- Young people seen in different cars/taxis driven by unknown adults
- Young people seeming unfamiliar with your community or where they are
- Truancy, exclusion, disengagement from school
- An increase in anti-social behaviour in the community
- Unexplained injuries

If you suspect County Lines within your community report it to the police (101 or in an emergency 999) or if you wish to remain anonymous via CrimeStoppers (0800 555111).

To read the whole newsletter go to this link:
<https://www.ourwatch.org.uk/sites/default/files/documents/2020-10/Our%20News%20October%202020.pdf>



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Crime Prevention

In response to the increase in reports of crime, anti-social behaviour and fly-tipping within our Parish, Stantonbury Parish Council have engaged a company specialising in monitoring areas where this type of activity is prevalent with a view to providing evidence to Thames Valley Police and MK Council for appropriate action to be taken.

A tripartite meeting between SPC, Milton Keynes Council (Housing and Antisocial Behaviour Groups) and TVP has identified a rolling target list of estates to be targeted. This programme is set to run for a year and may be extended if necessary.

If you have an area you would like to be monitored please contact the Parish Council.

Working in partnership with Parish Councils - Quality, Reliability and Results

Crimewave specialise in identification and evidence gathering for various public bodies. We work with the Police, Council and Parish Councils to achieve this. We provide specialist CCTV cameras and services for a range of issues our clients may have. This makes our service incredibly unique as our customer is supplied with a full package.

We can support you in areas of:

- Anti-social behaviour
- Fly tipping/littering
- Criminal damage
- Drug dealing
- Dog fouling

All organisations, including Parish Councils, need to achieve value for money and take reasonable and proportionate steps needed on the important issue of security. We have helped save thousands of pounds by making sure that we recommend the right and proportionate countermeasures.

Local authorities, charities and trusts, including Parish Councils often look after large assets, public spaces and other buildings which are accessed and used by the public.

We are proud to support and advise Parish Councils solving complex security problems with innovative solutions. This may be anti-social behaviour, criminal damage, and burglary or fly tipping amongst other issues.

We do this by focusing on three issues that we know are of paramount importance to Parish Councils and the citizens they serve. Those issues are quality, reliability and results.

Justin Hammond
Managing Director

www.crimewaveltd.co.uk



Mincemeat Squares

A Family Favourite in our house all year round!

100g Demerara Sugar

150g Self Raising Flour

100g Oats

150g Marg/ Butter (I use Marg)

1/2 tsp Salt

1 Egg

Jar of Mincemeat (use about half a jar)

Mix all dry ingredients then rub in the marg. You can use a machine but pulse it, you want breadcrumbs not a lump of mixture!

Divide in half and press one half into a greased 7x9 tin.

Spread with mincemeat not quite to the edges.

Now sprinkle the other half of the mixture on top and press down to seal mincemeat. I use a spoon to press it down.

Finally beat the egg and spread ALL of it on top, brush to edges then pop into oven at 170 degrees for 20 minutes.

When ready it will be golden dark brown. Cool then cut in squares.

By Jane Kirkham



Reading service resumes

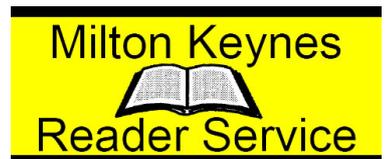
The Covid pandemic has been as big a challenge for Milton Keynes Reader Service this year as it has for other charities and organisations. However, we are now able to resume some services safely and we would encourage anyone who is blind or sight impaired to contact us for help with their reading needs via the assistance of a trained and DBS checked volunteer.

Reading service

A confidential and reliable face-to-face reading and writing service in the comfort of the member's own home, to assist with general correspondence and other reading materials. Assistance is provided by our volunteers to help with things like reading and responding to mail, assistance with managing finances by checking bank/utility statements and household bills and assistance with payments, addressing Birthday and Christmas cards, and reading instruction manuals, books, magazines and newspapers. Individuals using the service decide what they require, with assurances that confidentiality and privacy will be respected and maintained at all times.

Transcription and recording service

An individual, tailor-made service to convert written material into more accessible formats, such as recorded information. Using analogue and digital technology, the



Service provides, free of cost to service users, audio-recordings of a wide range of materials in various formats including audio cassette, CD, memory stick or MP3.

Transcription can also include processing literature and other material into easy to read large print, or Braille documents. Examples of materials requiring transcription could be instruction manuals, cooking and baking recipes, timetables, aid memoirs etc.

Our transcription service is also available at low cost to other charities. Additionally, a commercial service is provided to external organisations who need recorded information.

Shop and See and Facilitation Services

These services are currently on hold and will be resumed only when it is safe to do so.

Volunteering

We also want to hear from people who would like to become a volunteer. If you would be interested in volunteering in 2021, please phone our Service Co-ordinator, Tracy, for an initial chat.

Milton Keynes Reader Service

Tel: 01908 231123

Email: mkreaderservice@yahoo.co.uk

Council funds new pilot to prevent homelessness



MK Council and Citizens Advice Milton Keynes (CAMK) have launched a new service to support people at risk of becoming homeless.

MKC is funding the year-long pilot to provide free, impartial and confidential advice to help prevent anyone having to spend a night out on the street in Milton Keynes. The Council and CAMK will work in partnership to promote the new service to ensure local people have access to the help they need, ranging from housing options to debt management advice. CAMK colleagues will provide a telephone service and advice via video link to support people who are at risk of becoming homeless. The new service will provide people with a safe space to talk about their situation while colleagues support them in finding a long-term solution. Each case will be assessed independently, and bespoke support will be provided on a case by case basis.

Cabinet member with responsibility for tackling homelessness, Councillor Hannah O'Neill said:
"The economic impact of Covid-19 will no doubt affect

our poorest and most vulnerable residents the most. It's important that we're taking a proactive approach in ensuring that we can support people at the earliest possible opportunity to prevent them facing a night on the street. I strongly encourage anyone who has concerns about the possibility of becoming homeless to get in touch with the service as soon as possible."

CAMK's Director, Ben Thomas, said: *"We've seen record numbers of people phoning and emailing our service since the pandemic began. There are many people who face real hardship as a result of Covid-19 as well as those who are already vulnerable and who would have been struggling anyway had the outbreak not happened. Whatever the reason, the earlier they contact us the greater the chance that we can prevent them from falling into serious financial difficulties that put homes and families at risk."*

Anyone concerned about the possibility of becoming homeless should contact the new service on 01908 604475 or visit www.miltonkeynescab.org.uk/homelessness-prevention/.

We are still here to help...

Whether you need help with employment issues, debt, family problems, consumer issues, housing, or need information on benefit entitlements. We can still help, so get in touch.

We have made some improvements to our website <https://www.miltonkeynescab.org.uk/>

You can get advice on our website or by calling us on our advice line telephone number **0808 278 7991**. You can also get advice by emailing us <https://www.miltonkeynescab.org.uk/get-advice/email-us/>

We offer advice over the phone and by email. You can also text us and we can call you back to offer **advice text Advice to 70020**.

The most significant change to our service is our Drop-in Service, at Acorn House is permanently closed.

We are not currently offering face to face advice. When the government guidelines change, we will revisit the possibility of very limited face to face appointments.

We know that in the current climate employment concerns may well be at the top of your list. We have partnered with **WorksforUS** to provide an employment service to help improve your work skills, help with creating or improving your CV.

**citizens
advice**

**Milton
Keynes**



Don't make your home an easy target for burglars this winter **TURN A LIGHT ON!**

- Make your house look occupied when you are out, use a light timer switch. Don't just leave a hall or landing light on
- Shut and key lock doors and windows when a room is unoccupied, when you go out and when you go to bed.
- Ensure that doors which use lifting handles to engage the locks are always locked with the key.
- Make efforts to restrict access into your rear garden by padlocking gates, repairing fences etc.
- Don't leave any keys in sight of doors and windows or near your letter box or cat flap where they could be hooked out
- Valuable items including laptops/tablets, mobile phones, games consoles and jewellery should be hidden from view
- Security mark all valuables with your postcode and house number or use a forensic property marking kit. Keep a record of makes, models and serial numbers
- Register all your electronic items and other technology with Immobilise the UK national property register free of charge at www.immobilise.com
- Register to receive important Police alerts and information at www.thamesvalleyalert.co.uk
- Keep an eye out for any suspicious behaviour around your neighbours houses or in your street.
- Report suspicious incidents on the Police non-emergency number 101
- For a crime in progress ring the emergency number 999

For further information visit:
www.thamesvalley.police.uk



www.thamesvalleyalert.co.uk



Santa's Nice List

There is a lot of waste created at Christmas.

Check out Santa's Nice List of what can be recycled.



In the Clear Recycling Sack:

- ✓ Plastic bottles
- ✓ Plastic food tubs/trays
- ✓ Sweet / biscuit tins
- ✓ Food tins and beer cans
- ✓ Wrapping paper & Christmas card - no foil / glitter
- ✓ Cardboard boxes



In the Green Wheeled bin:

- ✓ Holly and ivy
- ✓ Christmas tree (no decorations)
- ✓ Leftover food that cannot be reused or reheated



In the Blue Box:

- ✓ Glass bottles
- ✓ Glass jars



Santa's Naughty List

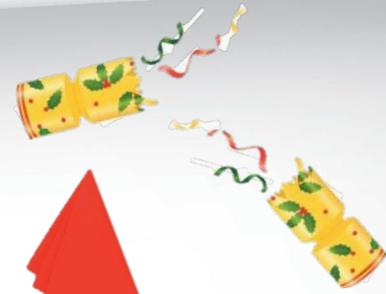
There is a lot of waste created at Christmas.

Check out Santa's Naughty List of what cannot be recycled in the clear sack and must be placed in the **black rubbish sack**.



In the black rubbish bag

- Pulled Christmas crackers
- Used napkins
- Sweet wrappers
- Crisp packets
- Biscuit wrappers
- Broken glass (wrap to prevent harm)
- Metallic wrapping paper
- Items with glitter on, including cards & wrapping paper
- Polystyrene
- Broken decorations
- Old tinsel
- Broken fairy lights – please take to the Household Waste Recycling Centre (the 'tip') to be recycled with other electrical items.



Father Christmas is coming to town

Now that Milton Keynes Museum has been able to open safely and visitors are enjoying the personal attention each group gets from room guides, the history hub is very much looking forward to Christmas.

This year, throughout its rooms and galleries, the museum will evoke memories of Christmases past. "We will try to conjure up all the usual magic in ways that we have never previously attempted," said director Bill Griffiths.

During December the museum will be open, as usual, from Wednesday - Sunday, and Father Christmas will be meeting children for the first three weekends (Friday-Sunday).

The safety of visitors and volunteers is paramount, and all necessary safety measures will be in place during these exceptional times. A one-way system will be operational, and numbers will be limited.



All visits to the museum and to Father Christmas must be booked in advance online.

For more information please visit miltonkeynesmuseum.org.uk

Please note that COVID-19 restrictions may be in place so please visit our website before visiting.



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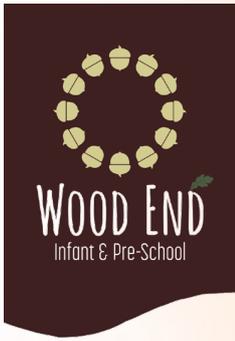
Buy at the shop or 'Click & Collect'.

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Wood End: **01908 316424**
Squirrels: **01908 317863**

Wood End works in partnership with
Squirrels Children's Centre
WE ARE HERE TO SUPPORT YOU!



- Are you a new parent?
- Do you need support with 2/3 year old education funding?
- Are you struggling and would like someone to talk to?

Milton Keynes Council is committed to providing services across our Children and Family Centres to help support families in these uncertain times. Although our centres are closed, we are still here to support you over the phone and in any way we can.

Please call Squirrels on 01908 317863

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Redbridge, Stantonbury, Milton Keynes, MK14 6BB
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NURTURING LITTLE ACORNS INTO STURDY OAKS



YOUNG PEOPLE'S MENTAL HEALTH
Counselling, Education & Training

Young people and adults who support them can get wellbeing advice and support from a team of wellbeing trainers from local mental health charity, YiS.

YiS Young People's Mental Health is a long running independent charity that supports young people's mental health in Milton Keynes through counselling, education.

Due to the increased number of counselling referrals, YiS have introduced a new messaging support service to help with the demand and to

ensure that young people have somewhere they can go to for trusted informal advice, information, and appropriate signposting.

YiS messaging support is not a counselling or therapy service but our team of wellbeing trainers are on hand to offer bitesize helpful tips and activities that can help boost a person's mental health and wellbeing.

To find out more or get in touch please take a look at the YiS website. www.mkyis.org.uk

YiS are currently looking for sponsors to help keep this service running for 2021. If you can help, please contact toni@mkyis.org.uk





**Chin's
Kitchen**



Authentic Home Cooked Food



Back in September Chin's Kitchen celebrated it's 9th year in trading!!! May we have many more to come.

These are just a few of the services that Chin's Kitchen provides for its clients:

- Weekly Curry Nights
- Catering for all occasions
- 1 to 1 Adult Cooking Experiences
- Family Cooking Experiences
- Kids Cooking/baking sessions
- Afternoon Tea for Adults & Kids
- Seasonal Gifts
- Gift Vouchers

If you require any catering please get in touch for a free no obligation quote.

CHIN'S KITCHEN, OAKRIDGE PARK.

www.chins-kitchen.co.uk

All socials @chinskitchenmk

Safina Sarang 07900 194 234

Crisis Support

If you live in Milton Keynes and feel you need urgent support with your mental health or are in crisis, you can phone our crisis support service.

Phone us on
01525 722225
or 01908 724365
between 5pm - 11pm
seven days a week



We're here for you.
www.mind-blmk.org.uk

Registered charity number: 1068724



Christ Church Stantonbury Christmas Eve Family Service

Live streamed from our Facebook page at 6pm

Do join us

**Telling the Christmas Story for young
and old with Carols**

Facebook link:

<https://www.facebook.com/christchurchmk/>

You do not have to be a member of Facebook to join us.

This service will be available for a week to view



Sunday Services are live streamed at 10.30am



Contact 07786 143 900



As Autumn Approaches

- Janet Warren

When summer came to an end
I promised not to grumble,
as for weeks clad in shorts and tops
I went off for my daily ramble.

But then there was a brief respite
towards the end of September,
summer thoughts came flooding back
it wasn't hard to remember.

My promise did not last for long
I soon began to complain,
particularly when it was dark and grey
and down came the rain.

The sun was quite warm once more,
no need to overdress,
as I strode out in the park
I felt lucky I guess.

So feeling a little chilly
on went warm tops each day,
in summer clothes I'd look silly
now autumn was on its way.

Then I saw the trees changing
taking on their autumn hue,
very shortly the leaves would fall
as the wind gently blew.



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6 Edwards Croft, Bradville,
Milton Keynes, MK13 7BU

Announcement



Dr Azara Ogunyiluka left the practice in July this year.

We are delighted to announce that Dr Jalil Ahmad joined our team in September.

Services during the Covid 19 Pandemic

We would like to thank our patients for their continued support throughout the Covid pandemic.

Our front doors have been locked throughout the pandemic to safeguard both patients attending for face to face appointments and the staff of the health centre. We have however been open for business albeit in different ways and all our staff have never worked harder.

We have made huge system changes to follow ever changing advice from NHS England over the last 6 months with the aim of keeping patients and staff safe.

Following national guidance from NHS England we telephone triage all GP appointments, but when clinically appropriate and safe, we do see patients face to face and have been doing so throughout the pandemic.

Our Nursing team are seeing patients face to face for treatments and conducting telephone appointments for advice where patients do not need to be seen face to face.

We are currently underway with our annual Flu vaccinations with over 1300 people needing vaccination

under the cohort of patients At Risk and Over 65. There will be a further 1000 patients to vaccinate in the 50-64 age group once the Government has supplied us with the vaccinations for this age group.

Our waiting room can now safely only have 4 patients in due to social distancing.

Staff must change PPE and clean rooms between all patient contacts. We cannot safely return to the previous system without putting people at risk.

We provide palliative care to the dying, mental health support to those in distress and see face to face those who need examining. All while dealing with unprecedented amounts of phone advice, prescriptions, investigation results, hospital letters and work being passed back to us from secondary care.

Staff have been covering shielding colleagues, and with the current inadequate national testing capacity are also covering self-isolating colleagues.

2020 has been a challenging year for everyone and we shall continue to provide our patients the best care possible whilst facing these challenges.

Please look at our website for any changes to our services: www.purbeckhealthcentre.co.uk

Practice Manager



Aldi

Construction is now well underway on the new ALDI supermarket on Stantonbury.

A recent planning meeting at Milton Keynes Council agreed the location of where the Mural would be re-sited, and ALDI are very hopeful that this new store will be open in time for Christmas.



**We are here
to support
you**

- Are you a new parent?
- Do you need support with 2/3 year old education funding?
- Are you struggling and would like someone to talk to?

Milton Keynes Council Children and Family Centres

Milton Keynes Council is committed to providing services across our Children and Family Centres to help support families in these uncertain times. Although our centres are closed, we are still here to support you over the phone and in any way we can.

**Please call: Rainbows Children's Centre
on: 01908 227925**

www.milton-keynes.gov.uk/childrens-centres



Would you like to advertise in our Parish Newsletter?

In these uncertain times, Stantonbury Parish Council wish to support businesses in our Parish. We would like to help your business and invite you to place an advert in our next Newsletter due out in Spring 2021, **and it won't cost you a thing!**

Spaces are limited so please email us to register your interest as soon as possible to info@stantonburyparishcouncil.org.uk.



Parish Councillor Vacancy - Oakridge Park

By becoming a Parish Councillor you will become someone your community looks to for help, guidance, and support.

Parish Councillors are community leaders with the power to influence decisions for the benefit of the people they serve. Seeing your community change for the better, as a result of decisions you have helped to make, is something that can give you a sense of achievement and pride.

For more information or to express an interest in becoming a Councillor for Oakridge Park, please contact the Parish office on info@stantonburyparishcouncil.org.uk.



Parish Ranger Update

There is a lot to be said about COVID-19 throughout 2020! Work carried on for some people and key workers have played a vital part in helping people get through this strange time. Everyone that works within health, medical staff, retail, trades people and council workers have all been doing their bit to help keep us safe and areas clear of waste. We salute your efforts.

During the period of lockdown, the Parish Rangers were able to maintain reporting of graffiti, fly tipping, damage to roads, footpaths and trees that were causing issues via the Milton Keynes Council website. During this time reports took longer than normal to be completed. However the reporting that was documented during the lockdown has now been followed up and the work has been completed.

Throughout this period of 2020 the Rangers, SPC Environmental Officer and residents of the Parish noticed that fly tipping had increased due to the closure of local tips. Once the tips re-opened there were problems in booking a slot to visit the tip. This has now been rectified.

We have reported to MKC footpaths around the Parish that have become overgrown by vegetation, shrubs and mud. You may have noticed some of these areas have been cleared and footpaths edged over the last few months by the Parish Rangers and Serco. The reporting system does work!

A big thank you to a couple of residents that spent 3 hours clearing the alleyway next to their house so they could get to clear the rear of their garden. They certainly made a good job!

How you the residents can help make a difference and make our Parish a better and nicer place to live

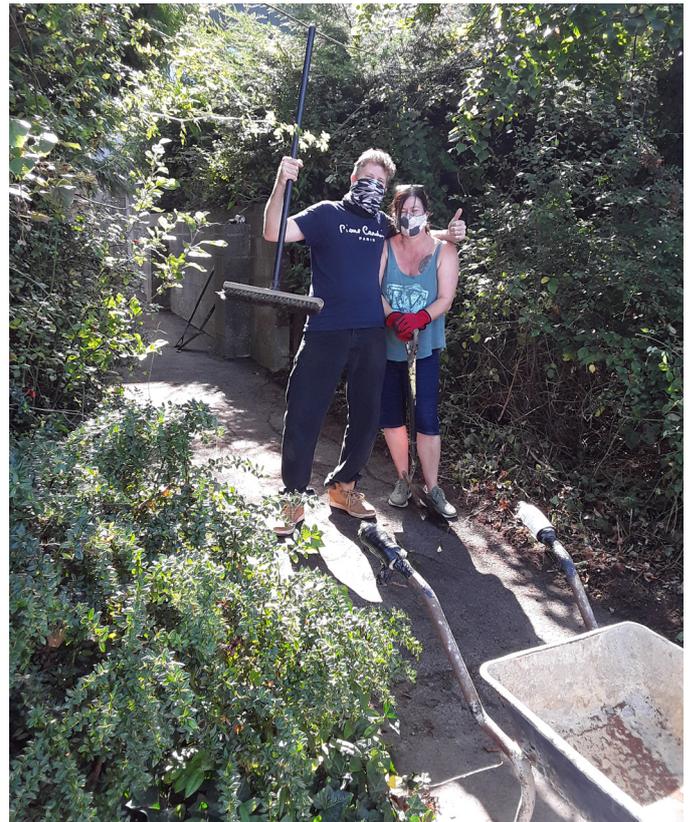
- Request collections for larger bulky items can be made to MKC if you cannot take to the tips yourself
- Keep pathways clear of boundary vegetation shrubs and rubbish

- Report to Stantonbury Parish Council any fly tipping
- Report antisocial behaviour
- Report over-hanging dangerous shrubs
- Be considerate when parking vehicles. Please think about buggies, mobility vehicles and child safety. A blocked footpath means pedestrians will have to step into the road
- Serco will not take cardboard boxes please rip up cardboard and place in clear sacks

WE would like to see in 2021 a cleaner, greener Parish.

WE would like to see less rubbish dumped on the corners of the streets.

If everyone does a little bit to help things can only improve.



RECENT DONATIONS AWARDED BY STANTONBURY PARISH COUNCIL:



British Legion
£500



Macmillan Coffee
Morning £1000



MK Foodbank
£2000



Oakridge Park Medical Centre as many other surgeries have adapted the way we are working to deal with the demands of the Covid-19 pandemic. We have managed to continue to provide

as many services as possible with the introduction of new technologies such as video consultations and online consultations. Online consultations are provided via engage consult. For further information please visit our website: www.oakridgeparkmedical.nhs.uk

We do ask that all patients attending the surgery wear a face mask to protect themselves and staff and to use the intercom to speak to Reception to gain access.

Nurse Practitioners – Minor illness Clinics

Nurse practitioners are experienced nurses, who with further education and specialist training have developed their skills and knowledge in order to offer an extended service.

Pharmacist

We have our own pharmacist, Phil who carries out regular medication review clinics.

Practice Nurses

Our Nursing Team is Helen, Tina, Sarah and Luci. Luci is running our Smoking Cessation Clinic so now is the perfect time to sign up.

Health Care Assistants

Our Nurses are supported by our excellent Health Care Assistants Julia and Sarah.

On the Day Appointments

All our receptionists have received care navigation training

and they may ask you about your medical problem so that they can make sure you are seen by the correct clinician. You will initially be offered a telephone triage consultation with a GP rather than a face to face appointment.

Additional Appointments

Our receptionists can also book appointments to see a GP at another surgery. For children there are daily appointments at the Children's Primary Care Service and they are available until 8.00 p.m. in the evening.

Advanced Paramedic Clinics

Lea is very experienced and specialises in assessing all types of emergency and urgent presentations, supporting our GPs and allowing them time to deal with patients with complex needs.

Medical Certificates

All patients need to speak to a GP before a medical certificate is issued.

Early Bird Surgery

We offer early bird appointments with our advanced nurse practitioners and health care assistant. These are pre-bookable appointments only from Monday to Friday 7.00am – 8.00am

Evening Clinic

We will be offering limited online GP appointments on a Tuesday evening between 6.30pm and 7.30pm

Finally

I think it is only fair to mention how proud I am of our reception and administration team whom are extremely dedicated and hard working. Also a big thank-you to the Patient Participation Group and to you as patients.

Practice Manager

E-Scooters



The rider must be over 18 and have a provisional driving licence.

The E-Scooters can be used on the redways and minor estate roads but not allowed on grid roads or any roads with a speed limit of 30mph. Private scooters are not allowed to be used on the redways or roads in Milton Keynes.

The E-Scooters are not to be used under the influence of alcohol.

Only one rider per Scooter.

To use the E-Scooters a helmet is highly recommended but not required by law.

The E-Scooter travels at a speed of 14.8mph.

To use the E- Scooters you will need to download the user-friendly Lime App on your phone and follow the instructions such as how to use the E- Scooters.

You scan the code on the E-Scooter and pay for the length of use you want to use the E-Scooter for. Once the credit you have on the scooter runs out it will automatically stop, and you leave the scooter where it is.

Lesley
PCSO



MERRY CHRISTMAS



COMPETITION

Stantonbury Parish Council would like to invite all young people of the Parish to enter a Christmas colouring in competition. Winners of each age category will receive a £10 Amazon voucher.

Age ranges are : Under 5's, 5-8 and 8-11

Entries should be on an A4 size piece of paper, with **your name, age and contact number**. Submit your entry by 23rd December 2020. Winners will be notified after 4th January 2021.