



Community Learning MK Adult Education

Course Listings Autumn/Spring 2023-24

www.milton-keynes.gov.uk/courses



Welcome to another year of education with Community Learning MK. Whether you want to learn something new, improve your skills or just take some time out for yourself we're looking forward to welcoming you into our classes.

We know that things are tough financially for many people right now, so this year we have introduced a new incentive. If you have never studied with CLMK Adult Education before we are offering you a **50% discount on your first Art and Craft, Language, Sociology or IT course**, so make sure to let all your friends know.

If you are unemployed and claiming benefits you may be entitled to a reduced fee on our courses. **This year we are also re-introducing the concessionary option for anyone aged over 65.**

We have also made our **Lip-reading** and **British Sign Language** courses completely **FREE** this year to ensure that finances are not a barrier to learning these vital skills.

Classes with an asterisk (*) next to the title will be running again in the new year and are also available to book now, contact us for more information or to enrol.

To enrol visit www.milton-keynes.gov.uk/courses

For more information on any of our courses email communitylearning.mk@milton-keynes.gov.uk or call us on **01908 556700**.

Autumn Term dates

Monday 4 September to Saturday 23 December 2023

(Half term holiday Monday 23 October to Saturday 28 October)

Spring Term dates

Monday 8 January to Saturday 30 March 2024

(Half term holiday Monday 19 February to Saturday 24 February)

ESOL - English for Speakers of Other Languages

Community Learning MK offers a wide variety of ESOL courses to suit all levels and abilities.

ESOL courses are for people living in the UK whose first language is not English. Courses run for 12 weeks and cover the three core skills of Speaking and Listening, Reading and Writing. Each course ends with an exam. We offer courses at levels ranging from Elementary (Entry 1) to Advanced (level 2).

We also run numerous ESOL Café sessions available throughout the week, including Saturdays. These are for adults who wish to start their ESOL journey.

To register your interest and/or find out more, email communitylearning.mk@milton-keynes.gov.uk

Digital Skills

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
ITA00051	Digital Skills - Over 55s*	CLMK Learning Centre	9 Nov	Thursday 10am - 12pm	4 wks	£0
	Improve your digital skills in a relaxed atmosphere.					
ITC00011	Getting Started with Computers*	CLMK Learning Centre	26 Sept	Tuesday 12.45pm - 2.45pm	4 wks	£0
	The basics to get you started with computers, digital skills and staying safe online.					
ITC00021	Next Steps with Computers*	CLMK Learning Centre	31 Oct	Tuesday 12.45pm - 2.45pm	4 wks	£0
	The next step on your digital skills journey for life and work.					
EPA02110	City & Guilds Introduction to ICT	CLMK Learning Centre	20 Sept	Wednesday 10am - 12pm	10 wks	£0
	For those with very little confidence in or experience of computers. Start with the basics and develop digital skills and learn how to stay safe online.					
EPA02210	City & Guilds Level 1 in ICT with Employability skills*	CLMK Learning Centre	20 Sept	Wednesday 1pm - 3pm	10 wks	£0
	Gain experience of computers and using various software packages. Start with the basics and develop digital skills required to use spreadsheets and complete an IT project.					
ITC00031	Getting started with Microsoft Office*	CLMK Learning Centre	30 Oct	Monday 12.30pm - 2.30pm	4 wks	£0
	Short, intensive course covering the basics of Microsoft Word, Excel and PowerPoint for work and/or education.					
EPA02410	ICT Skills for the Workplace	CLMK Learning Centre	17 Jan	Wednesday 1pm - 3pm	10 wks	£0
	Learn the skills needed to survive at work, including office packages.					
ITC00051	Excel an Introduction*	CLMK Learning Centre	11 Nov	Saturday 10am - 3pm	1 day	£60
	Learn the basics of spreadsheets and simple formulae. 50% discount on advertised fee if you haven't studied with us before.					
ITC00061	Excel Improvers*	CLMK Learning Centre	25 Nov	Saturday 10am-3pm	1 day	£60
	More features of Excel - including database functions and customising charts and graphs. 50% discount on advertised fee if you haven't studied with us before.					

* Later start dates are also available to book, contact us to find out more.

Functional Skills and GCSE English and maths

At Community Learning MK we offer accredited maths and English Functional Skills qualifications ranging from Entry 3 to Level 2. To enrol on one of these courses, you will need to attend a skills check to determine your current level of ability and ensure you are placed on the right level course for you. We will be running our next programme of skills checks in August 2023 ready for courses starting in September.

To book a skills check appointment and for more information about our English and maths offer, please email communitylearning.mk@milton-keynes.gov.uk

MULTIPLY

At Community Learning MK FREE Multiply adult numeracy confidence classes are running now in your area. A range of short courses to help fine tune your Maths skills including how to manage your money better, your household bills, shopping discounts as well as understanding statistics you see in the news. These courses will also help you feel more confident so you can help support your children with their Maths homework.

Maybe you want to prepare and brush up your Maths so you will feel more ready to progress onto a formal Maths qualification later?

Choose from our once-a-week courses during the day, evening or weekend designed to suit your Maths level (up to Level 2). Start any week in our small classes.

To enrol visit www.milton-keynes.gov.uk/courses and select the right Multiply course for you, such as Refresh Your Maths or Life With Numbers, under "English and Maths".

Contact suzanne.gibbs@milton-keynes.gov.uk or call Community Learning **01908 556700**.



Employability and Qualifications

These **free** courses are for anyone who is unemployed, looking for work and receiving income-based benefits or in work but earning under £20,319 p/a.

If you are unemployed and not claiming income-based benefits then you could still qualify for the free course.

If you earn more than £20,319 p/a and are not claiming benefits a fee may apply.

Contact us or check our fee policy at www.milton-keynes.gov.uk/CLMK/fee-policy for more information.

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
PTC00014	Introduction to Working in a School*	Church of Christ the Cornerstone	25 Sept	Thursday 9.30am - 12pm	4 wks	£0
	An opportunity to learn about working in a school and the skills and knowledge required.					
EPA03210	City & Guilds Level 1 Introduction to Childcare*	CLMK Learning Centre	19 Sept	Tuesday 12.30pm - 2.30pm	10 wks	£0
	For anyone thinking about working in childcare. Develop your understanding of child development and the physical and psychological needs of children.					
EPA03410	Get Ready to Work in Early Years*	Church of Christ the Cornerstone	20 Sept	Wednesday 9.30am - 12.30pm	1 day	£0
	Learn more about the Early Years Practitioner qualification.					
EPA03510	Level 2 Diploma for the Early Years Practitioner*	Church of Christ the Cornerstone	27 Sept	Wednesday 9.30am - 12.30pm	32 wks	£0
	This qualification will teach you the skills and knowledge needed to work in the Early Years sector, learn more at the free Get Ready class.					
PTC00031	Support Work in Schools Award Level 2 Assessment Session	CLMK Learning Centre	17 Aug	Thursday 9.30am - 12pm	1 day	£0
	Learn more about the Support Work in Schools qualification.					
PTC00011	Support Work in Schools Award Level 2 Assessment Session	CLMK Learning Centre	14 Sept	Thursday 9.30am - 12pm	1 day	£0
	Learn more about the Support Work in Schools qualification.					
PTC00012	Support Work in Schools Award Level 2 Assessment Session*	CLMK Learning Centre	7 Sept	Thursday 9.30am - 12pm	1 day	£0
	Learn more about the Support Work in Schools qualification.					
PTA00110	Support Work in Schools Award Level 2*	CLMK Learning Centre	28 Sept	Thursday 9.30am - 12.30pm	16 wks	£0
	This course will teach the skills and knowledge required to become a support worker/teaching assistant in schools, learn more at a free assessment session.					

Employability and Qualifications continued...

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
EPA04310	Get Ready to work in Health and Social Care	CLMK Learning Centre	20 Sept	Wednesday 1pm - 3pm	10 wks	£0
	Find out more about what you need to work in this rewarding environment.					
EPA04210	City & Guilds Level 1 for Working in Health and Social Care*	CLMK Learning Centre	21 Sept	Thursday 12.30pm - 2.30pm	10 wks	£0
	Develop your understanding of the health sector and the values, principles, skills and attitudes required for working in health, adult care and childcare.					
EPA04410	Social Care in the Community and Healthcare Improvement	CLMK Learning Centre	18 Jan	Thursday 12.30pm - 2.30pm	10 wks	£0
	For anyone looking to work in social and health care within the community.					
EPA08110	City & Guilds Entry to Working in Business Administration	CLMK Learning Centre	22 Sept	Friday 12.30pm - 2.30pm	10 wks	£0
	This qualification course will give you the skills needed to work in an administrative or managerial role.					
EPA08210	City & Guilds Level 1 in Enterprise and Product Design	CLMK Learning Centre	19 Jan	Friday 12.30pm - 2.30pm	10 wks	£0
	This qualification will introduce you to product design and marketing.					
EPA09210	BTEC Introduction to Health and Fitness Industry - Blended Study*	MKCC Civic Offices /Online	18 Sept	Monday 6pm - 9pm Tuesday 6pm - 8pm	14 wks	£0
	Learn more about working in health and fitness.					
PTA00190	Award in Education and Training Level 3	MKCC Civic Offices	26 Sept	Tuesday 6pm - 9pm	15 wks	£350
	For those who work, or want to work as teachers/trainers in the further education and skills sector.					

* Later start dates are also available to book, contact us to find out more.



Community Employment Service

Are you looking for work? Our Community Employment Service can help support you into work, offering practical help and advice to identify your skills and give information about local vacancies and training opportunities.

These free sessions take place across Milton Keynes and online and can be one to one or as part of a group.

Whether you need help creating your CV, preparing for interviews, improving your confidence or to gain skills through work-related training courses, we can help.

For more information visit: www.milton-keynes.gov.uk/ces

email: nep@milton-keynes.gov.uk or call **01908 252323**

Courses for People with Additional Support Needs

Through our Supported Employment scheme, we have a range of courses for those with a learning disability who want to learn at a pace more suited to their needs.

Courses range from Autism Social Skills, Support into Employment and Further Support into Employment.

For more information, please email communitylearning.mk@milton-keynes.gov.uk

Art and Craft

50% discount on your first booking if you haven't studied with us before, call us on 01908 556700 for more information

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
ACC00351	Machine Sewing - Beginners* Simple practical projects to develop your sewing machine skills.	Oakgrove School	20 Sept	Wednesday 7pm - 9pm	5 wks	£80
ACC00681	Machine Sewing - Improvers* For those who have completed Machine Sewing Beginners and/or who already have basic machine sewing skills.	Oakgrove School	1 Nov	Wednesday 7pm - 9pm	5 wks	£80
ACC00161	Dressmaking - Beginners* Develop your basic sewing skills and make a simple garment using a commercial pattern. You will need to know how to use a sewing machine.	Oakgrove School	18 Sept	Monday 7pm - 9pm	5 wks	£80
ACC00571	Dressmaking - Beginners Develop your basic sewing skills and make a simple garment using a commercial pattern. You will need to know how to use a sewing machine.	Oakgrove School	30 Oct	Monday 7pm - 9pm	5 wks	£80
ACC00701	Dressmaking - Pattern Cutting for Beginners Learn how to create and cut your own dressmaking pattern.	Oakgrove School	2 Nov	Thursday 7pm - 9pm	5 wks	£80
ACC00721	Dressmaking - Improvers* For learners who have completed the Dressmaking Beginners course and/or who have some basic dressmaking skills already. You will need to know how to use a sewing machine.	Oakgrove School	14 Sept	Thursday 7pm - 9pm	5 wks	£80
ACC00711	Dressmaking - Pattern Cutting Improvers Develop your pattern cutting skills. For those who have completed Pattern Cutting Beginners.	Oakgrove School	29 Feb	Thursday 7pm - 9pm	5 wks	£80
ACC00510	Textile Weaving* A fun and immersive day of weaving for beginners and improvers.	CLMK Learning Centre	7 Oct	Saturday 10am - 4pm	1 day	£48
ACC00611	Textile Weaving* A fun and immersive day of weaving for beginners and improvers.	CLMK Learning Centre	2 Dec	Saturday 10am - 4pm	1 day	£48
ACC00211	Creative Writing - Beginners* A beginner's guide to creative writing, giving you the tools to write novels, short stories or flash fiction.	Oakgrove School	27 Sept	Wednesday 6.30pm - 9pm	8 wks	£160

Art and Craft continued...

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
ACC00431	Art Skills - Beginners - Drawing and Painting An introduction to basic drawing and painting techniques.	MK Gallery	26 Sept	Tuesday 12.30pm - 3pm	8 wks	£160
ACC00671	Art Skills - Improvers - Drawing and Painting Continue to develop your drawing and painting skills using different media.	MK Gallery	23 Jan	Tuesday 12.30pm - 3pm	8 wks	£160
ACC00021	Oil Painting - Beginners Introduction to painting with oils for absolute beginners.	MK Gallery	29 Sept	Friday 9.30am - 12pm	8 wks	£160
ACC00191	Oil Painting - Improvers For those who have completed Oil Painting Beginners or who have some experience.	MK Gallery	26 Jan	Friday 12.30pm - 3pm	8 wks	£160
ACC00401	Watercolour - Beginners An introduction for those new to working with watercolour.	Westbury Arts Centre	27 Sept	Wednesday 9.30am - 12pm	8 wks	£160
ACC00110	Watercolour - Improvers For those who have completed beginners level and wish to develop their skills further.	Westbury Arts Centre	24 Jan	Wednesday 9.30am - 12pm	8 wks	£160
ACC00381	Project Based Watercolour Painting - Intermediate/advanced* Guided project based course, for those who have completed 1 or more terms at Intermediate level.	MK Gallery	26 Sept	Tuesday 9.30am - 12pm	8 wks	£160
ACC00371	Stained Glass - Beginners/Improvers* Learn how to work with glass, designing and making your own creations using lead came or copper foil.	Oakgrove School	28 Sept	Thursday 6.30pm - 9pm	8 wks	£160
ACC00461	Stained Glass - Copper Foiled Sun Catchers* Make a stained glass sun catcher as a gift for yourself or a loved one.	Oakgrove School	18 Nov	Saturday 10am - 4pm	1 day	£48

* Later start dates are also available to book, contact us to find out more.

Sociology

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
LEC00011	Crime Studies	Church of Christ the Cornerstone	3 Oct	Tuesday 10am - 12pm	4 wks	£64

Young People's Careers Information, Advice and Guidance

We offer a free and confidential service for young people in Milton Keynes aged 16-19 (up to 25 for care leavers and young people who have special educational needs and or a disability) who are not in education, employment or training. Our aim is to support young people to understand the options open to them to help them make realistic and informed choices. We offer impartial advice on:

- Career pathways
- Education and training courses
- Traineeships and Apprenticeships
- Help with looking and applying for jobs
- CV Writing and employability skills

Contact us on **01908 254410** or email youth@milton-keynes.gov.uk

Courses for Young People

At Community Learning MK we also offer programmes for young people. These are for anyone aged 16 - 19 years (or up to 25 for those with an Education Health Care Plan – EHCP), not in education, employment or training.

The courses aim to increase confidence and communication levels and to help prepare you for future pathways into learning or employment and include:

Tuesdays and Wednesdays from 10am to 2pm
at the Church of Christ the Cornerstone

Wellbeing and Life Skills: an opportunity to build confidence and resilience through wellbeing activities.

Wednesdays from 11am to 12pm
at the Church of Christ the Cornerstone

Wellbeing Café: Focusing on self-care and building confidence in an informal group setting.

For more information email jayne.hobbs@milton-keynes.gov.uk

Languages

50% discount on your first booking if you haven't studied with us before, call us on 01908 556700 for more information

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
LAC00251	Spanish - Beginners*	MKCC Civic Offices	18 Sept	Monday 7pm - 8.30pm	10 wks	£120
	This course is for absolute beginners and those with a little knowledge.					
LAC00710	Spanish - Improvers*	MKCC Civic Offices	21 Sept	Thursday 7pm - 8.30pm	10 wks	£120
	This course is for learners who have completed Spanish Beginners, or one term of tuition.					
LAC00713	Spanish - Intermediate*	MKCC Civic Offices	19 Sept	Tuesday 7pm - 9pm	10 wks	£160
	This course is for learners who have completed Spanish Improvers and feel ready to move on.					
LAC00704	German - Improvers*	MKCC Civic Offices	20 Sept	Wednesday 7pm - 8.30pm	10 wks	£120
	This course is for learners who have completed a term of German Beginners and are ready to move on.					
LAC00706	German - Intermediate /Upper Intermediate*	Online	21 Sept	Thursday 1pm - 3pm	10 wks	£160
	This course is for those who have been learning at improvers level and wish to progress.					
LAC00391	Italian - Beginners*	MKCC Civic Offices	18 Sept	Monday 7pm - 8.30pm	10 wks	£120
	This course is for absolute beginners and those with a little knowledge					
LAC00717	Italian - Improvers*	MKCC Civic Offices	18 Sept	Monday 7pm - 8.30pm	10 wks	£120
	This course is for learners who have completed the Italian Beginners, or one term of tuition.					
LAC00481	Italian - Intermediate*	Online	21 Sept	Thursday 7pm - 9pm	10 wks	£160
	This course is for learners who have completed Italian Improvers and feel ready to move on or who are new but are at the required level.					
LAC00807	Japanese - Beginners*	MKCC Civic Offices	19 Sept	Tuesday 6.45pm - 8.15pm	10 wks	£120
	This course is for absolute beginners and those with a little knowledge.					
LAC00901	Japanese - Improvers*	MKCC Civic Offices	18 Sept	Monday 6.45pm - 8.15pm	10 wks	£120
	This course is for learners who have completed Japanese Beginners and are ready to move on.					

Languages continued...

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
LAC00661	British Sign Language - Beginners* This course is for absolute beginners and those with a little knowledge.	MKCC Civic Offices	18 Sept	Monday 6pm - 8pm	10 wks	£0
LAC00730	British Sign Language - Improvers* For those who have completed British Sign Language Next Steps and wish to move on.	MKCC Civic Offices	20 Sept	Wednesday 6pm - 8pm	10 wks	£0
LAC00817	Lip-Reading - Beginners This course is for absolute beginners and those with a little knowledge.	MKCC Civic Offices	21 Sept	Thursday 7pm - 8.30pm	10 wks	£0
LAC00731	Lip-Reading - Improvers This course is for those who have completed absolute beginners and those with some knowledge.	MKCC Civic Offices	18 Jan	Thursday 7pm - 8.30pm	10 wks	£0

* Later start dates are also available to book, contact us to find out more.



Can I claim a concession?

If you are receiving any income-based benefits or are over the age of 65 before your course starts you can claim a 20% fee reduction on our Digital Skills, Art and Craft, Sociology and Language courses.

Health and Wellbeing

As part of our commitment to supporting your wellbeing we offer fortnightly fun workshops in our Wellbeing Café which are free to anyone enrolled on one of our Health and Wellbeing courses, we will send you information about these when you enrol.

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
SMC00191	Wellbeing for Pain Management*	Online	12 Sept	Tuesday 10am - 11.30am	6 wks	£0
	Gives people who experience ongoing problems with pain the opportunity to explore what helps (and what doesn't).					
SMC00371	Less Stress, More Resilience	Online	31 Oct	Tuesday 10am - 11.30am	8 wks	£0
	The key ingredients to live a calmer, more resilient life. This may also benefit those who are experiencing anxiety.					
SMC00481	Relaxation through Mindfulness*	MKCC Civic Offices	12 Sept	Tuesday 6.30pm - 8pm	8 wks	£0
	An in-depth eight week course that looks at managing thoughts and emotions by staying in the "now", using mindfulness.					
SMC00791	Manifest Your Success*	MKCC Civic Offices	14 Sept	Thursday 6.30pm - 8pm	8 wks	£0
	Consider purpose, meaning and success by setting meaningful intentions.					
SMC00071	Finding your way through grief*	Church of Christ the Cornerstone	12 Sept	Tuesday 1pm - 2.30pm	8 wks	£0
	Aims to bring bereaved people together to help navigate loss, through awareness and understanding. May also be useful to those who are helping others with a loss.					
SMC03000	Ways to Wellbeing	MKCC Civic Offices	14 Sept	Thursday 1pm - 2.30pm	12 wks	£0
	An in-depth 12 week wellness programme consisting of 3 x 4 week modules to help learners enhance their wellness to achieve better wellbeing.					
SMC00461	Armchair Yoga*	Church of Christ the Cornerstone	18 Sept	Monday 1.30pm - 2.30pm	10 wks	£0
	Gentle seated yoga stretches for those with mobility issues.					
SMC00281	Art Journalling*	Westbury Arts Centre	19 Sept	Tuesday 10am - 12pm	10 wks	£0
	Create your own unique visual journal to aid your wellbeing.					
SMC00301	Art for Wellbeing*	Westbury Arts Centre	19 Sept	Tuesday 12.30pm - 2.30pm	10 wks	£0
	Improve your wellbeing through creativity.					

Health and Wellbeing continued...

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
SMC00721	Menopause and You*	Church of Christ the Cornerstone	21 Sept	Thursday 12.30pm - 2.30pm	10 wks	£0
	If you are affected by the changes and symptoms brought on by peri-menopause and menopause then join this short course to find support, advice and more!					
SMC00731	Textile Heaven*	CLMK Learning Centre	22 Sept	Friday 1pm - 3pm	10 wks	£0
	Knitting, Weaving, Sewing, Crochet, patchwork, yarn art...find out how these fun crafting activities can improve your wellbeing as well as your skill set!					
SMC00261	Art for Wellbeing*	Westbury Arts Centre	22 Sept	Friday 12.30pm - 2.30pm	10 wks	£0
	Improve your wellbeing through creativity.					
SMC00271	Art Journaling*	Westbury Arts Centre	22 Sept	Friday 10am - 12pm	10 wks	£0
	Create your own unique visual journal to aid your wellbeing.					
SMC00551	Confident Communication*	MKCC Civic Offices	2 Nov	Thursday 10am - 11.30am	8 wks	£0
	Essential skills for effective communication, including developing healthy boundaries and assertiveness.					
SMC00031	Working Towards Self Compassion*	Church of Christ the Cornerstone	14 Nov	Tuesday 1pm - 2.30pm	4 wks	£0
	Explore what self-compassion is and how you can develop yours for a happier life.					
SMC00431	Shinrin Yoku - The Japanese Art of Treebathing*	MKCC Civic Offices	14 Sept	Thursday 9.30am - 11.30am	1 day	£0
	Discover Shinrin Yoku - the Japanese Art of Treebathing and how nature can be used as a form of therapy.					
SMC00421	Hygge - the Danish Path to Happiness*	MKCC Civic Offices	28 Sept	Thursday 9.30am - 11.30am	1 day	£0
	Give yourself a well deserved hug, discover how to live well and be happy, the Danish way.					
SMC01000	An Introduction to Yoga Nidra*	MKCC Civic Offices	5 Oct	Thursday 9.30am - 11.30am	1 day	£0
	Learn more about the deep relaxation practice to help reduce stress and improve sleep.					
SMC00061	Better Sleep*	MKCC Civic Offices	21 Nov	Tuesday 6pm-8pm	1 day	£0
	Learn effective sleep strategies.					

Health and Wellbeing continued...

COURSE CODE	COURSE TITLE	VENUE	START DATE	DAY AND TIMES	COURSE LENGTH	FEE
SMC00161	Understanding Dreams*	MKCC Civic Offices	5 Dec	Tuesday 6pm-8pm	1 day	£0
Explore your dreams and what they might mean.						

* Later start dates are also available to book, contact us to find out more.

Family Learning

Our Community Learning MK, Family Learning team offers a huge variety of FREE short courses for parents and/or carers with children under 18. These are available in Children and Family Centres, Community Centres, Libraries and schools.

Here are some of the sessions we deliver across Milton Keynes:

Just for the Grown-ups!	Supporting your child	Fun with your child
Build your confidence	Singing Sacks	Fun with Food
Well-being	Story Sacks	Soundstart / Make music
Art for relaxation	Language and play	Nature Explorers
Family Fortunes	Transition to school	Childrens Yoga / Active games
Cooking on a budget	Fun with Phonics / Maths	Seasonal arts and crafts

To request a family learning brochure please contact nicola.skelton@milton-keynes.gov.uk or visit FamilyLearningMK on Facebook

Opening Times

Monday to Thursday 9.00am to 4.30pm

Friday 9.00am to 4.00pm



Milton Keynes City Council

CLMK Learning Centre

Central Milton Keynes Library

555 Silbury Boulevard

Milton Keynes

MK9 3HL

communitylearning.mk@milton-keynes.gov.uk

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